

# Medical BINDER

To use in conjunction with the Family Binder & the Always Prepared Binder!

The image displays four overlapping printable forms with a vibrant, multi-colored header font. The forms are:

- FAMILY HISTORY:** A form for recording family medical history, organized into sections for the Mother's Side, Father's Side, and My Family. Each section includes a table with columns for Name, Birthdate, Illness/Condition, and Age/Cause of Death.
- MEDICAL RECORD:** A form for recording a patient's medical history, including a section for Medications (with columns for Name of Medicine, Dose, Frequency, Date Started, Date Ended, and Notes) and a section for Surgeries (with columns for Surgery Type, Date, Doctor, Location, and Notes).
- MEDICAL RELEASE:** A form for releasing medical information, including fields for Parent/Guardian Name, Address, Important Phone #s, Kids Names & Important Info, and a section for Illness, Allergies, Medicines, Etc.
- DOCTOR VISITS:** A form for recording doctor visits, with columns for Date, Seen By, Reason for Visit, and Notes.

Over 10 free printables  
for personal use only

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# MEDICAL *Binder*

# VITAL INFO

Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

SSN: \_\_\_\_\_

Weight: \_\_\_\_\_

Height: \_\_\_\_\_

Blood type: \_\_\_\_\_

Diagnosis(es): \_\_\_\_\_

Allergies: \_\_\_\_\_

Primary Dr.: \_\_\_\_\_

Dr. Phone #: \_\_\_\_\_

Dr. Address: \_\_\_\_\_

Dentist Name: \_\_\_\_\_

Dentist Phone #: \_\_\_\_\_

Dentist Address: \_\_\_\_\_

Insurance Name: \_\_\_\_\_

Insurance Policy #: \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_

# MEDICAL RECORD

Name: \_\_\_\_\_

# MEDICATIONS

[illegible]

# SURGERIES

[illegible]

# ILLNESS/DIAGNOSIS

[illegible]



# FAMILY HISTORY

## MOTHER'S SIDE

	NAME	BIRTHDATE	ILLNESS/CONDITION	AGE/CAUSE OF DEATH
MOTHER				
MATERNAL GRANDMA				
MATERNAL GRANDPA				
SIBLING				
SIBLING				

## FATHER'S SIDE

	NAME	BIRTHDATE	ILLNESS/CONDITION	AGE/CAUSE OF DEATH
FATHER				
PATERNAL GRANDMA				
PATERNAL GRANDPA				
SIBLING				
SIBLING				

## MY FAMILY

	NAME	BIRTHDATE	ILLNESS/CONDITION	AGE/CAUSE OF DEATH
ME				
SIBLING				
SIBLING				
SIBLING				
SIBLING				

# STEP BY STEP

## IN CASE OF AN EMERGENCY:

STEP 1: \_\_\_\_\_

STEP 2: \_\_\_\_\_

STEP 3: \_\_\_\_\_

STEP 4: \_\_\_\_\_

Things to keep in mind:

Things to help comfort:

# INCIDENTS

[illegible]

# DOCTOR VISITS

DATE

## SEEN BY

## REASON FOR VISIT

## NOTES

[illegible]

# SPECIALISTS

[illegible]

## SPECIALIST APPOINTMENTS

[illegible]

# HOSPITAL VISITS

DATE

## SEEN BY

REASON FOR HOSPITAL VISIT

## NOTES

[illegible]

# WELL CHECK UPS

Name: \_\_\_\_\_

[illegible]

# WELL CHECK UPS

Name: \_\_\_\_\_

[illegible]

# VACCINATIONS

[illegible]



# PRESSCRIPTIONS

DATE \_\_\_\_\_

## SEEN BY

## PRESCRIPTION

## NOTES

[illegible]

# PHONE CALLS

[illegible]

# MEDICAL RELEASE

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Important Phone #'s: \_\_\_\_\_

Kids Names & Important Info:

**FULL NAME      BIRTHDATE      ILLNESS, ALLERGIES, MEDICINES, ETC**


In case of an emergency contact:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone #: \_\_\_\_\_

## DOCTOR INFO

Primary: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

## DENTIST INFO

Dentist: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

## INSURANCE INFO

Company Name: \_\_\_\_\_

Policy Number: \_\_\_\_\_

Phone #: \_\_\_\_\_

# MEDICAL RELEASE

To Whom It May Concern:

As parent/guardian, I do hereby authorize the treatment of a qualified and licensed Medical Doctor in an emergency which, in the opinion of the attending physician, may endanger his/her life, cause disfigurement, physical impairment, or undue discomfort if delayed. This authority is granted only after a reasonable effort has been made to reach me.

Name of Minor: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

Reason for which release is intended: \_\_\_\_\_

Address of Minor: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician Address: \_\_\_\_\_ City: \_\_\_\_\_

List allergies, medications, contract, etc:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Health Insurance Information:

Company: \_\_\_\_\_ Policy: \_\_\_\_\_

Group: \_\_\_\_\_ Contract: \_\_\_\_\_

This release form is completed and signed of my own free will with the sole purpose of authorizing medical treatment under emergency circumstances in my absence.

Date: \_\_\_\_\_ Signed: \_\_\_\_\_

To be completed by Notary:

State of: \_\_\_\_\_ Subscribed and sworn to before me

County of \_\_\_\_\_ This \_\_\_\_\_ day of \_\_\_\_\_

\_\_\_\_\_

Notary Public