

# 1 YEAR FOOD/EMERGENCY STORAGE CHALLENGE

WEEK	QTY.	ITEM
<b>1</b>	10 gals	Water
<b>2</b>	10 lbs.	Rice
<b>3</b>	10 lbs.	Pinto beans
<b>4</b>	10 cans	Vegetables
<b>5</b>	10 cans	Fruit
<b>6</b>	10 cans	Meat
<b>7</b>	2 lbs.	Oats
<b>8</b>	1 jar	Peanut butter, large
<b>9</b>	1 jar	Powdered drink mix
<b>10</b>	5 lbs.	Powdered milk
<b>11</b>	5 lbs.	Salt
<b>12</b>	5 lbs.	Pancake mix
<b>13</b>	2 lbs.	Honey

WEEK	QTY.	ITEM
<b>14</b>	2 jars	Jam
<b>15</b>	5 lbs.	Pasta
<b>16</b>	10 cans	Spaghetti sauce
<b>17</b>	10 cans	Soup
<b>18</b>	10 cans	Broth
<b>19</b>	1 large	Jug of oil
<b>20</b>	up to you	Spices
<b>21</b>	Large bag	Hard candies
<b>22</b>	10 lbs.	Rice
<b>23</b>	10 lbs.	Pinto beans
<b>24</b>	10 cans	Vegetables
<b>25</b>	10 cans	Fruit
<b>26</b>	10 cans.	Meat

WEEK	QTY.	ITEM
<b>27</b>	5 lbs.	Sugar
<b>28</b>	10 boxes	Mac & Cheese
<b>29</b>	10 cans	Tomato soup
<b>30</b>	5 lbs.	Flour
<b>31</b>	10 gals.	Water
<b>32</b>	5 lbs.	Potato flakes
<b>33</b>	2 tubes	Toothpaste
<b>34</b>	2 sticks	Deodorant
<b>35</b>	1 large	Toilet paper
<b>36</b>	pack	Soap
<b>37</b>	2 bottles	Shampoo/conditioner
<b>38</b>	1 large	Toilet paper
<b>39</b>	1 bottle	Aspirin

WEEK	QTY.	ITEM
<b>40</b>	2 lbs.	Oats
<b>41</b>	1 jar	Peanut butter, large
<b>42</b>	1 jar	Powdered drink, mix
<b>43</b>	5 lbs.	Pancake mix
<b>44</b>	5 lbs.	Pasta
<b>45</b>	2 lbs.	Meat
<b>46</b>	10 boxes	Mac & Cheese
<b>47</b>	10 cans	Tomato soup
<b>48</b>	5 lbs	Potato flakes
<b>49</b>	5 lbs.	Sugar
<b>50</b>	5 lbs.	Flour
<b>51</b>	1 bottle	Aspirin
<b>52</b>	10 gals	Water