



slow cooker COOKING TIMES

OVEN TIME

SLOW COOKER HIGH

SLOW COOKER LOW

| | | |
|-------------|-----------|------------|
| 15- 30 mins | 1-2 hours | 4-6 hours |
| 30-60 mins | 2-3 hours | 5-7 hours |
| 1-2 hours | 3-4 hours | 6-8 hours |
| 2-4 hours | 4-6 hours | 8-12 hours |