

important TEEN TOPICS

Things to discuss with your children to set boundaries, expectations and prepare them for the real world.

Officer David Gomez, School Resource Officer

SEX

- Consequences
- Diseases
- Partners
- Kids
- Consent
- Difference between pornography & real life

RESPECT

- At Home
- At School
- In Public

DRUGS

- Consequences Long Term / Short Term
- Lost opportunities
- Future Employment
- Addiction
- Cost
- Effect on family members

VAPING

- Consequences
- Cost
- Addiction
- Lifelong Choice

ALCOHOL

- Expectations
- Parties
- Options if drunk
(Parents will pick up anytime any place)
- What if a friend wants to drive home drunk
- Driving drunk costs. 5k cost for first offense.

NUDE PICTURES

- Consequences 1st offense misdemeanor / 2nd is felony
- Once you send a nude picture it is permanent in most cases
- Extortion
- Self Respect
- Future Job prospects

SCHOOL

- How important is it to your family?
- Reasons for getting homework done?
- What other lessons are learned in school?
- What does your family expect of students?

COLLEGE

- Should start looking at colleges in 8th grade.
- Let's aim high for college
- Write an income and expenses sheet
- Explore what non-college jobs look like

DRIVING

- Expectations
- Friends in the car
- Texting and driving
- Importance of maintenance on a car
- Options if broken down
- Do a tabletop discussion of a first crash
- Seatbelts

FINANCES

- Budgeting
- Credit cards
- Investing
- Taxes
- Goals
- Vehicle purchasing + maintenance
- Home purchasing + maintenance

DATING

- Come up with minimum requirements for dating
(Job, college, high school, etc.)
- Talk about what a bad relationship looks like
- Talk about exiting a relationship
- What does control look like
- Setting boundaries

SOCIAL

- Difference between bullying and social conflict
- How to best handle social conflict
- Options
- Anger Issues?
- Problem Solving